



Thokozani Royals

WEEKLY NEWSLETTER

Newsletter No.4
29h October 2023





Thokozani Royals

Sometimes we hold on too long. Just because it's familiar, it does mean it's worth it. Some of us are still holding on to the reason we are here at the bottom, all because it is familiar.

LET IT GO

There are so many things we learn from our environment growing up. Research shows that the first 7 years of a child's life are the most important. This is the time when the programming happens.

Have you identified your influenced behaviours and beliefs? Have you unlearned the myths? Are you living free from yesterday's teachings?

Welcome Badimo Child



Learning and growing together



FINALLY!
I've been waiting

Not for me

Alignment

Remember, badimo child , this journey is for those who are ready to embark on it. If this resonates with your soul, I am humbled and grateful to have you by my side.

If not, don't worry! The time will come when the environment will be conducive for you, and your journey will begin.

Trust the process.



LEARNING
WITH *Noma*

To receive you
need empty
hands...

Let it go

@Gogo_Noma

*Repeat it to yourself multiple times
everyday and watch how it
transforms your mindset and
empowers you to embrace your
true self.*

QUOTE FOR THE WEEK

*Release: "Enable to escape from
confinement; set free."
Oxford Dictionary*

DAILY MANTRA

I AM FREE



MANTRA FOR THE
WEEK

THE MOON

*This week, we witness the Full
Moon. During this time we perform
release rituals. We let go...*

[Learn more](#)





The Week Ahead



SUNDAY

Prayer for the week

The Serenity Prayer

Platform: IG and FB

MONDAY

Motherhood

The Second Trimester

Platform: IG and FB

TUESDAY

Self-Care

I am free

Platform: Blog Page

WEDNESDAY

Spirituality

I am expressed in the
moment

Platform: YouTube

THURSDAY

Throwbacks

*Why I can never stay
in one place*

Platform: Blog Page

FRIDAY

Financial Education

*You cannot live without debts,
Or can you?*

Platform: IG, FB and
Blog Page

Saturdays are for my King



At the Practice



OPERATING HOURS

Monday to Friday:
09h00 to 14h00

Weekends and Public Holidays :
Closed

MONDAY

30th Oct '23

Fully Booked

TUESDAY

31st Oct '23

Fully Booked

WEDNESDAY

01st Nov '23

Fully Booked

THURSDAY

02nd Nov '23

Fully Booked

FRIDAY

3rd Nov '23

Fully Booked

Weekend: Closed



Upcoming Events



THE WOMAN I AM CONFERENCE

 LIGHT OF HOPE 
presents
**THE WOMAN I AM
CONFERENCE**
Genesis 1:27

 **Gogo Noma**  **Coach Gemima Phalane**

 **Ms Lerato Mathe**  **Mrs Kgopedi Lilokoe**  **Mrs Theo Rachidi**  **Ms Sarah 'Sthe' Buthelezi**

Panelists - Speakers & MC

TICKETS : R400	4 NOV 2023
EARLY BIRD: R350 (FIRST 40)	10h00- 15h00
FNB	1 Turk Street, Olifantsfontein
URCSA Light Of Hope	Exciting Prizes to be won on
Acc #:63012426789	the day
Ref : Conf.Name & Surname	

Dress Code:
Shades of Pink & A Touch Blossom

Send POP to numbers below.

For more Info Contact: Thabi Ndumo : 073 773 8910
Shar Letsholo : 071 876 4298

5 DAYS TO GO



Upcoming Events



THE WOMAN I AM CONFERENCE

I am humbled 🙏🙌🙌🙌🙌😊

Please join us on the 4th of November 2023 at URCSA Light of Hope

I am part of a great lineup (even if i say so myself 😊).

Mine is to educate: I AM because they WERE

I am so excited to be in the same space with these amazing women,
but above all, to be in the front seat, learning from them.

Early bird tickets 🎫 Sold Out 🚫

Buy your ticket today

Join us on the day and stand a chance to win exciting prizes

For information regarding the conference contact

Thabi Ndumo: 073 773 8910

Shar Letsholo: 071 876 4298

See you there 😊

Taking Place This Saturday



Giveaways

I am thrilled to announce that we are going to have incredible weekly and monthly prizes up for grabs!

THIS WEEK

Three lucky winners will receive three Dream Interpretation Vouchers each, valid for 7 days. That's right, you'll have the chance to send through three of your dreams and get them personally interpreted in private. But that's not all! By winning this weekly prize, you'll also stand a chance to be our ultimate monthly winner, receiving a Consultation Voucher at the end of the month. How amazing is that?

RULES OF ENGAGEMENT

The competition will start Tuesday at midday and end Wednesday midday (12h00 to 12h00). So make sure to mark your calendars and send in your answers during this time to qualify!

Read Rules Carefully!



GiveAways

Good luck, Royals!

THIS WEEK'S CHALLENGE

To enter this week's giveaway, all you need to do is answer a super easy question:

Where am I this Saturday (04/11/23)?

Just drop your answer to:

learningwithnoma@gmail.com

with the email subject: Give Away 4

And remember, you have to send your answer during the competition time, that is, between Tuesday 12h00 midday and Wednesday 12h00 midday.

WINNER'S ANNOUNCEMENT

The three lucky weekly winners will be notified by email on Friday before 16h00, and I will also proudly announce them in the upcoming newsletter. As for the monthly winner, they will be revealed in the first newsletter of the new month.

So keep an eye out for that exciting announcement!

Good luck, Royals!



GiveAways

WINNERS 🏆 FROM LAST WEEK 🎉

Our last winners for October Month.
Next week I announce the winner off the monthly
prize!

November could be your month, Badimo Child!
What are you waiting for? ENTER!!!

🎉🎉 **CONGRATULATIONS** 🎉🎉

Pauline

Mashudu

Tiny

Makwande!



Download the App

Stay updated and enjoy exclusive benefits by downloading my app now, visit learningwithnoma.com
Join the community and let's grow together!

Gifts and Donations

For gifting and donations to support Learning with Noma
Please send the word "Gifts" to +27799108841 and relevant information will be given.
Your love and support mean the world to me.

Thank you

Thank you for joining me on this incredible journey. Until next week, spread love, embrace your authenticity, and may peace always be with you.

Love and Peace,
Lesedi